



# Amherst Fire District Procedure

## Bleeding Control

### Clinical Indications:

- Control Bleeding

### Procedure:

1. Apply direct pressure to site of bleeding with appropriate bandage
2. If bleeding persist apply extra bandages and/or pressure dressing and continue direct pressure (do not remove primary bandage)
3. If bleeding persists utilize pressure points and elevation of the extremity to control bleeding.
4. If bleeding still persists and presumed to be life threatening apply tourniquet (see tourniquet procedure)
5. Monitor for signs of shock and treat accordingly
6. Establish IV 0.9% Normal Saline @ KVO or Appropriate rate.
7. Consider 2<sup>nd</sup> IV where hypovolemia is suspected (Adult only)
8. If SBP < 90mmHg initiate a fluid bolus of Normal Saline: 500ml (Adult) or 20 ml/kg (peds)

### Special Considerations:

- Repeat boluses (Max 3 boluses) to maintain a SBP of 90 mmHg
  - Contraindicated in patients with signs or symptoms of pulmonary edema

### Certification Requirements:

- Successfully complete an annual skill evaluation inclusive of the indications, contraindications, technique, and the possible complications of the procedure.